

# Massage Protocols for Chronic Pain

with Dr. Rudy Scarfalloto



Saturday March 9, 9am - 6pm & Sunday March 10, 9am - 1pm

Earn 12 CE NCBTMB (hands-on)

*Enhance your capacity to eliminate or reduce chronic pain.*

## Why This Class?

- Pain is what motivates most individuals to seek health care.
- Most of the money spent on health care is for pain relief.
- Most of the money spent on pain relief is for *chronic* pain. In contract, massage for stress reduction, though very beneficial, is considered “discretionary spending.”
- Therefore, the most effective way to develop a thriving massage practice is to enhance your capacity to reduce or eliminate chronic pain.

## Topics Covered in Class

- Causes of Chronic Pain
- Stress and Chronic Pain
- Dietary Stressors and Chronic Pain
- Principles of Treatment
- Techniques for Specific Regions
- *Kinesiology Taping* for Chronic Pain
- Home Care
- Educating Your Clients

*You will receive prepared notes that serve as an easy-to-use reference for your practice.*

## Cost

Early registration by Feb 25 - \$250. Registration after Feb 25 - \$275.

**\*Additional Price Reduction\***

**Register for 2 of Dr. Rudy's seminars for \$ 450.**

## Location

Heal Center. 270 Carpenter Dr. Suite 505. Sandy Springs, GA. 30328

## How to Register

- Call Heal Center: 404-303-0007, or
- Send your payment for the full amount, or at least \$125 to Heal Center, 270 Carpenter Dr. Suite 500. Sandy Springs, GA. 30328. Please make your check payable to Heal Center.
- Register online: <https://healcenteratlanta.com/class/chronic-pain-march-2024/>.

For additional information, contact Dr. Rudy at [drrudy1@gmail.com](mailto:drrudy1@gmail.com) or 678-896-2992.